



YSGOL SYR THOMAS JONES

PENTREFELIN, AMLWCH, YNYS MÔN LL68 9TH

PENNAETH : MR R. AARON BAYLEY

DIRPRWY : MR ISLWYN WILLIAMS

PENAETHIAID CYNORTHWYOL : DR GERAINT JONES, MRS MEFYS JONES-EDWARDS

Dear Parent/Guardian,

Parental Consent Letter- Food Technology Lessons YR. 8

I am writing to let you know that your son/daughter will be undertaking food tasting and cooking at school as part of the Food Technology lessons. This will be Apx. a 11 week session.

We will be preparing, cooking and tasting lots of different types of dishes with an **emphasis on meat or meat substitutes**. I feel sure you will agree that learning about food, nutrition and how to cook for oneself, Family and friends, is an most important life skill. In order to fully benefit from partaking of these practical lessons, it is essential that your son/daughter **brings his own ingredients** into school when required. One week's notice will be given every time with recipe posted on show my homework.

We appreciate all families have different styles, methods and favourites when cooking but I hope you can appreciate that we have to structure our lessons, recipes' and methods to allow a number of pupils to cook in 50 minutes.

We are sensitive to the cost of dishes and inform pupils they can cook **1 portion or cook for the family**, which is your choice. We are asking for **a one off contribution of £1** towards essentials such as spices, oils, lemon juice, stock cubes etc. Therefore, the pupil only brings the key ingredients.

Pupils **must bring own Apron**.

Please send a letter if it is not possible to purchase food ingredients as we need prior notice of at least four days before the practical cooking lesson in order to assist.

I would be most grateful if you would complete and return the consent slip below as soon as possible noting any food allergies you son/daughter might have. Please do not hesitate to contact me regarding this letter if necessary.

Yours sincerely,
Mrs C. Mutembo
Co.HOD D &T Department and ICT

Student name.....

I agree/do not agree to send in the ingredients (**measured by pupil as homework where possible**) for the specific cooking lessons on the day.

- I agree my child can taste test food within the lessons.
- My child has an intolerance/is allergic to the following foods

- I enclose £1 to cover the cost of (Incidentals such as spices, oils, lemon juice, stock cubes etc.)
- I DO NOT wish to contribute £1 and I will provide **ALL** ingredients for my son/daughters practical lesson.
- I understand **ALL** recipes and cooking dates for the 11 week block are on the school website
- <https://en.ysgolsyrthomasjones.cymru/copy-of-rhaglen-ddysgu-dt>
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Signed(Parent/Carer) Date.....



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Annwyl Rhiant/ Gwarchodwr,

Caniatâd Rhieni Technoleg Llythyr - Bwyd Gwersi YR .8

Ysgrifennaf atoch i'ch hysbysu y bydd eich mab/merch yn blasu a choginio bwyd yn yr ysgol fel rhan o'r gwersi Technoleg Bwyd. Bydd hwn yn sesiwn 11 wythnos.

Byddwn yn paratoi, coginio a blasu llawer o wahanol fathau o brydau gyda **phwyslais ar gig neu bwydydd yn lle cig**. Rydw i'n sicr y byddwch yn cytuno bod dysgu am fwyd , maeth a sut i goginio drosoch eich hun a theulu / ffrindiau, yn sgil bywyd bwysig. Er mwyn manteisio'n llawn o'r gwersi ymarferol , mae'n hanfodol bod eich mab / merch yn dod â'i gynhwysion eu hunain i'r ysgol pan fydd angen. Mi fydd wythnos o rybudd bob tro .

Rydym yn gwerthfawrogi fod gan bob teulu eu gwahanol arddulliau , resait/saig, ffefrynau wrth goginio ond gobeithiaf y gallwch chi werthfawrogi bod yn rhaid i ni strwythuro ein gwersi , ryseitiau , dulliau i ganiatáu i nifer o ddisgyblion goginio mewn 50 munud.

Rydym yn sensitif i gost prydau a hysbyswn y disgyblion y gellir coginio **1 dogn neu goginio ar gyfer y teulu** , i chi ddewis. Gofynnwn am **gyfraniad o £1** i ni brynu manion fel sbeisys , olewau, sudd lemwn, stoc a.y.b. fel bod y disgybl ond yn dod a chynhwysion allweddol

Rhaid i ddisgyblion ddod â'u ffedog eu hun.

Os gwelwch yn dda anfonwch lythyr ataf os nad yw'n bosibl i brynu cynhwysion bwyd, oeliad bedwar diwrnod o flaen y wers goginio ymarferol er mwyn cynorthwyo.

Byddwn yn ddiolchgar iawn pe byddech yn cwblhau a dychwelyd y slip caniatâd isod cyn gynted ag y bo modd gan nodi unrhyw **alergedd bwyd** sydd gan eich mab/merch. Peidiwch ag oedi i gysylltu â mi ynghylch y llythyr hwn os oes angen.

Yr eiddoch yn gywir

Mrs C. Mutembo

Cyd- Bennaeth Dylunio a Thechnoleg

Enw'r Myfyrwr.....

Rwy'n cytuno/ nid wyf yn cytuno i anfon y cynhwysion (**a fesurir gan y disgybl fel gwaith cartref lle y bo'n bosibl**) ar gyfer y gwersi coginio benodol ar y dydd.

- Rwy'n cytuno y gall fy mhlentyn flasu bwyd o fewn y gwersi .
- Mae gan fy mhlentyn anoddefgarwch / alergedd i'r bwydydd canlynol

- Amgaeaf £1 i gyfrannu at brynu manion
- **Nid wyf** am dalu £1 a chytunaf i brynu **POB** Cynhwysiad fy hun.
- Deallaf fod pob resait a dyddiad coginio ar y gwefan yr ysgol. <https://en.ysgolsyrthomasjones.cymru/copy-of-rhaglen-ddysgu-dt>

Llofnodwyd.....Dyddiad